



# Hoarding Behavior Support Groups

Join our no-cost support groups!  
Open to all California residents.

All support groups are facilitated by a peer counselor with lived experience in hoarding behavior.

## Drop-In Support Group for Hoarding Behavior

A weekly group for those dealing with their own hoarding behavior to talk with and get support from peers in an informal setting.

**Where: Zoom** **When:** First four Thursdays of the month (1st & 3rd Thursday from 5:30-7:00 pm and 2nd & 4th Thursday from 3:00-4:30 pm)

## Family & Friends Support Group for Hoarding Behavior

A therapist-led support group for spouses, siblings, parents, family & friends of those with hoarding behavior.

**Where: Zoom** **When:** Every 1st Tuesday of the month from 6:00 - 7:30pm

## Adult Children of Parents with Hoarding Behavior

A therapist-led support group for adult children of parents with hoarding disorder.

**Where: Zoom** **When:** Every 3rd Tuesday of the month from 6:00 - 7:30pm



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All support groups include a facilitator with lived experience with hoarding behavior.

## Advanced Drop-In Support Group for Hoarding Behavior

A group for folks who have completed an intensive treatment course, such as Buried in Treasures (BIT) or similar class.

**Where: Zoom**    **When:** Every 2nd and 4th Tuesday of the month  
from 5:30 - 7:00 pm

## Clearing House Support Group for LGBTQ Seniors 55+

A peer-led group for LGBTQ seniors 55+ with hoarding behavior, to talk with and get support from peers in an informal setting.

**Where: Zoom**    **When:** Every 1st and 3rd Wednesday of the month  
from 12:30 - 2:00 pm

To join, please email us at  
[peersupportservices@mentalhealthsf.org](mailto:peersupportservices@mentalhealthsf.org)



# Hoarding Behavior Support Group

Join our no-cost support groups!  
Open to all California residents.

**NOW IN PERSON!**

## Drop-In Support Group for Hoarding Behavior

A weekly, peer-led support group for those dealing with their own hoarding behaviors and challenges. A non-judgmental environment for individuals to share and get support from peers in an informal setting.

**WHEN:** Wednesdays  
3:00 - 4:30 PM

**WHERE:** Flood Building. Room 785  
870 Market Street  
San Francisco, CA 94102

**FACE MASKS  
REQUIRED**

Masks will be provided

To join, please email us at  
[peersupportservices@mentalhealthsf.org](mailto:peersupportservices@mentalhealthsf.org)